

Name: _____

COMPREHENSIVE FOOT EXAMS

Complications: (circle if present):
 Retinopathy Neuropathy
 Kidney Cardiac Vascular
 Stroke

**Hansen's Disease Center (HDC)
 Risk Categories:**

Category 0 - no loss of protective sensation; very low risk of foot complications.

Category 1 - loss of protective sensation; no weakness, deformity, callus, pre-ulcer or history of ulceration; intermediate, low-grade risk of foot complications.

Category 2 - loss of protective sensation and any weakness, deformity, callus, or pre-ulcer, but no history of ulceration; intermediate, high-grade risk of foot complications.

Category 3 - history of plantar ulceration or ischemic index less than 0.45; high risk of foot complications.

Label each site on the feet to indicate patient responses to applications of the 5.07 monofilament. Indicate presence (+) or absence (-) of sensory perception.

Label the following:

R-Redness **S**-Swelling
W-Warmth **D**-Dryness
M-Maceration **P**-Pulses

Indicate the following by drawing in marks as shown below. For ulcers, provide an estimate of volume in cubic centimeters (cm³) beside each.

Callus	Pre-Ulcer	Ulcer

Date: _____ Risk Category: _____

RIGHT LEFT

Date: _____ Risk Category: _____

RIGHT LEFT

Date: _____ Risk Category: _____

RIGHT LEFT

Date: _____ Risk Category: _____

RIGHT LEFT